



ELSPETH NEIMAN BELL, PH.D.

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Education

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| Fordham University <u>Doctor of Philosophy</u> , Psychology Department Major: Clinical Psychology Area of Concentration: Child and Family Tract | 1999 – 2006 |
| <u>Master of Arts</u> , Psychology Department Major: Clinical Psychology | 1997 – 1999 |
| Vassar College <u>Bachelor of Arts</u> Major: Psychology | 1993 – 1997 |

Clinical Experience

Bell Center for Anxiety and Depression, Columbia, Maryland

Elsbeth Bell, Ph.D., LLC, Columbia, Maryland

Director

April 2016 – Present

Licensed Psychologist, Owner

September 2014 – Present

Manage and run an independent private mental health practice. Provide psychotherapy for adults, adolescents, and children presenting with Obsessive Compulsive Disorder, Compulsive Hoarding, Body Focused Repetitive Behaviors, anxiety disorders, mood disorders, and relational problems. Psychological services include individual, family, and group therapy, in addition to coordinating treatment plans with other services providers. Treatment modalities utilize cognitive-behavioral interventions and a psycho-educational model of behavior modification. Coordinate and run group therapy programs for hoarding-related issues, anxieties, and parenting. Supervise clinicians and oversee their providing of therapeutic services. Provide training and supervision for professionals in identification and treatment of Hoarding Disorder. Consult and collaborate with local hoarding task forces, community-based agencies, and families regarding hoarding-related interventions.

Behavior Therapy Center of Greater Washington, Silver Spring, Maryland

Staff Psychologist

April 2008 – August 2014

Psychology Associate

May 2006 – April 2008

Provided therapy for adults, adolescents, and children presenting with Obsessive Compulsive Disorder, Compulsive Hoarding, other anxiety disorders, mood disorders, and relational problems. Responsibilities included providing individual, family, and group therapy, and working within a collaborative team to develop and coordinate treatment plans. Treatment modalities utilized cognitive-behavioral interventions incorporated with a psycho-educational model of behavior modification.

Director, Compulsive Hoarding Program

September 2006 – August 2014

Supervised staff clinicians providing therapy for Compulsive Hoarding. Coordinated and ran group therapy programs. Provided training for professionals in identification and treatment of Compulsive Hoarding. Consulted and collaborated with local hoarding task forces, community-based agencies, and families regarding treatment interventions.

Continuing Education Program Chairperson

September 2006 – November 2011

Coordinated the APA-approved Continuing Education Program, including scheduling of events, communication with mental health professionals, and implementation of APA guidelines. Professional training workshops addressed the use of Cognitive Behavioral Therapy as applied to working with anxiety disorders. In-House Lecture Series provided specialized education for staff members.

John L. Gildner Regional Institute for Children and Adolescents, Rockville, Maryland

Psychology Intern

August 2003 – August 2004

Provided therapy and assessment in residential and day treatment settings for adolescent males and females. Treatment issues included psychosis, mood disorders, anxiety disorders, relational problems, and personality disorders. Responsibilities included providing individual, group, and family therapy, case management, and

working with a multidisciplinary team to develop and coordinate treatment plans. Treatment modalities utilized cognitive-behavioral and dynamic interventions incorporated with a psycho-educational model of behavior modification. Assessments performed for educational purposes and for behavioral and mood disorders using objective and projective measures.

Rockland Children's Psychiatric Center, Orangeburg, New York

Psychology Extern

September 2000 – June 2001

October 2001 – March 2003

July 2001 – September 2001

Psychology Assistant III

Provided therapy and assessment in an acute secure care inpatient setting for adolescent males with severe behavioral and psychiatric disorders. Responsibilities included providing individual, group, and family therapy, case management, and working with a multidisciplinary team to develop and coordinate treatment plans. Treatment modalities utilized cognitive-behavioral and dynamic interventions incorporated with a psycho-educational model of behavior modification. Assessments performed for behavioral and mood disorders using objective and projective measures.

Woodhull Medical and Mental Health Center, Brooklyn, New York

Psychology Extern

September 1999 – May 2000

Provided outpatient therapy and assessment for children and adolescents with a wide variety of presenting problems including behavioral difficulties, anxiety, depression, low self-esteem, and medical diagnoses. Responsibilities included providing individual and group therapy services for clients and participating in treatment planning meetings. Therapy modalities utilized cognitive-behavioral and dynamic interventions. Assessments performed for behavioral and mood disorders using objective and projective measures.

Center for Cognitive Behavioral Psychotherapy, New York, NY

Psychology Extern

July 1998 – August 1999

Provided outpatient therapy in a private practice setting for adults with anxiety, mood and personality disorders. Responsibilities included providing individual and group therapy services and reviewing contemporary research on Obsessive Compulsive Disorder. Therapy emphasized cognitive-behavioral interventions and psycho-education.

Presentations and Trainings

Demystifying OCD: Practical Treatment Approaches for Obsessive Compulsive Disorders

Maryland CEU – Virtual

May 13, 2022

Hoarding Disorder: Clinical Conceptualizations and Interventions

Northern Virginia Clinical Psychologists – Virtual

March 11, 2022

Hoarding 101: Best Practice Interventions and Operations

Gaithersburg Hoarding Task Force – Virtual

June 7, 2021

Demystifying OCD: Practical Treatment Approaches for Obsessive Compulsive Disorders

Maryland CEU – Virtual

April 13, 2021

Working Through the Clutter: Understanding, Assessing, and Treating Hoarding Disorder

Maryland CEU – Virtual

March 22, 2021

Motivating Clients to Get in the Therapy Game

Association of Practicing Psychologists, Montgomery-Prince George's Counties – Virtual

February 21, 2021

Ready Player One: Utilizing Gaming Mentality in Preparing Clients for E/RP

Anxiety and Depression Association of America Annual Conference – Virtual

March 20, 2021

The Scope of Expertise: Identifying and Navigating One's Clinical Abilities

Anxiety and Depression Association of America Annual Conference – Virtual

March 20, 2021

Hoarding Disorder: Clinical Implications and Interventions

Montgomery County – Virtual

December 1, 2020

Hoarding Disorder: How can you tell? How can you help?

South River Restoration – Virtual

November 10, 2020

Assessment and Treatment of Hoarding

Maryland CEU – Virtual

August 10, 2020

Hoarding Disorder: Helping Individuals Lost in Clutter

Care Plus Home Health – Bethesda, MD

November 14, 2019

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| So Hard to Discard! Bridgeway – Columbia, MD | October 26, 2019 |
| Expert Panel on Hoarding Disorder International OCD Foundation Annual Conference – Austin, TX | July 20, 2019 |
| Hoarding 101: Best Practice Interventions Gaithersburg Hoarding Task Force – Gaithersburg, MD | June 7, 2019 |
| Game On! Bringing a Gaming Mentality to Therapy Anxiety and Depression Association of America Annual Conference – Chicago, IL | March 31, 2019 |
| Growing Your Solo Anxiety-Focused Practice into a Group Practice Anxiety and Depression Association of America Annual Conference – Chicago, IL | March 30, 2019 |
| Redefining Anxiety and Pregnancy from Preconception to Postpartum Anxiety and Depression Association of America Annual Conference – Chicago, IL | March 30, 2019 |
| Working Through the Clutter: Understanding, Assessing, and Treating Hoarding Disorder Maryland CEU Institute – Columbia, MD | February 22, 2019 |
| Hoarding: Beyond Clutter and Into Distress Washington Society of Psychoanalytic Psychology – Bethesda, MD | February 8, 2019 |
| Emotional Attachment to Possessions Grand Oaks – Washington, DC | December 6, 2018 |
| Perfectionism in Children: When Good Enough Just Won't Do Alaska Conference on Child Maltreatment – Anchorage, AK | November 13, 2018 |
| Childhood OCD Alaska Conference on Child Maltreatment – Anchorage, AK | November 13, 2018 |
| Hoarding: Cluttered Homes and Children Alaska Conference on Child Maltreatment – Anchorage, AK | November 13, 2018 |
| Hoarding Disorder: How Can You Tell and How Can You Help South River Restoration – Washington, DC | October 24, 2018 |
| Capitol Anxiety Association of Practicing Psychologists, Montgomery-Prince George's Counties – Silver Spring MD | October 21, 2018 |
| Emotional Attachment to Possessions Sibley Hospital – Washington DC | September 29, 2018 |
| Hoarding and the Family: How to Address the Clutter While Limiting Accommodations International OCD Foundation Annual Conference – Washington, DC | July 27, 2018 |
| Hands-On Decluttering Experience International OCD Foundation Annual Conference – Washington, DC | July 27, 2018 |
| Stand Up and Be Counted! Support a Hoarding Task Force International OCD Foundation Annual Conference Pre-Conference – Washington, DC | July 26, 2018 |
| Obsessive Compulsive Disorder: CBT and E/RP for Effective Treatment Outcomes Maryland CEU Institute – Rockville, MD | July 20, 2018 |
| Working with Hoarding Behaviors: Access, Boundaries, and Collaboration Abundance Organizing Annual Retreat – Irvington, VA | April 16, 2018 |
| Clinician, Feel Thyself Anxiety and Depression Association of America Annual Conference – Washington DC | April 8, 2018 |
| Digging into Clients' Clutter: A Hands-On Hoarding Workshop Anxiety and Depression Association of America Annual Conference – Washington DC | April 6, 2018 |
| Capitol Anxiety: The Impact of Politics on Our Clients Anxiety and Depression Association of America Annual Conference – Washington DC | April 6, 2018 |
| Obsessive Compulsive Disorder: Working with Teens and Kids to get Unstuck Association of Practicing Psychologists – Silver Spring, MD | February 18, 2018 |
| Hoarding: Beyond Clutter and Into Distress Gallaudet University – Washington, DC | October 13, 2017 |
| What to Do with What You See: Encountering Hoarding Disorder Youth and Family Services Bureau – Greenbelt, MD | September 14, 2017 |
| Hoarding: Physical Accumulation, Psychological Distress Carroll County Department of Mental Health – Westminster, MD | September 8, 2017 |
| Ask the Experts: Hoarding Panel International OCD Foundation Annual Conference – San Francisco, CA | July 7, 2017 |

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| Working Through the Clutter: Understanding, Assessing, and Treating Hoarding Disorder Maryland CEU Institute – Rockville, MD | July 14, 2017 |
| Coping with Change and Anxiety Charles E. Smith Communities – Rockville, MD | June 4, 2017 |
| Hoarding Disorder: How can you tell and how can you help? South River Restoration – Bowie, MD | May 18, 2017 |
| Hoarding and the Elderly: Practical Approaches for Clinicians and Caregivers Aging in America: Mental Health Crisis in a Geriatric Population – Rockville, MD | May 5, 2017 |
| Hoarding Disorder: A Clinical Understanding of Clutter Youth and Family Services Bureau – Greenbelt, MD | May 4, 2017 |
| What to Do with What You See: Encountering Hoarding Disorder Gaithersburg Hoarding Task Force – Gaithersburg, MD | April 20, 2017 |
| Uncovering Motivation with Hoarding Clients Anxiety and Depression Association of America Annual Conference – San Francisco, CA | April 8, 2017 |
| Uncovering the Elephant in the Room: The Impact of Hoarding on Families Institute on Challenging Disorganization – Teleclass | January 30, 2017 |
| Perfectionism: The Barrier to Progress Baltimore Psychological Association – Owings Mills, MD | January 29, 2017 |
| Helping Teens and Kids Who Have OCD Anxiety and Depression Association of America – Webinar | December 7, 2016 |
| Obsessive Compulsive Disorder: Positive Directions in Treating the Doubting Disease Aspire – Rockville, MD | October 28, 2016 |
| Hoarding Disorder: Conceptualization and Clinical Interventions Association of Practicing Psychologists, Montgomery-Prince George’s Counties – Silver Spring MD | October 16, 2016 |
| Hoarding Disorder: Diagnostic Issues and Clinical Interventions Anne Arundel County Mental Health Agency – Edgewater, MD | October 14, 2016 |
| Decluttering Game Plan Howard County Active Aging Week – Cooksville, MD | September 29, 2016 |
| Increasing the Hoarding Client’s Readiness for Change International OCD Foundation Annual Conference – Chicago, IL | July 30, 2016 |
| Mind Washing: Mastering the Unique Challenges of Mental Rituals International OCD Foundation Annual Conference – Chicago, IL | July 29, 2016 |
| Hoarding and Self-Neglect: Losing Oneself in the Clutter Elder Abuse Awareness Conference – Laurel, MD | June 20, 2016 |
| Hoarding: Identifying the Disorder Beyond the Clutter Professional Development Conference – Anne Arundel County | June 2, 2016 |
| So Hard to Discard Howard County’s WomenFest – Cooksville, MD | April 30, 2016 |
| Watching Your Words: Similes, Metaphors, and Analogies in the Treatment of Anxiety and Depression Anxiety and Depression Association of America Annual Conference – Philadelphia, PA | April 2, 2016 |
| Coaching the Coaches: Preparing Non-Mental Health Professionals to Work with Hoarding Situations Anxiety and Depression Association of America Annual Conference – Philadelphia, PA | April 1, 2016 |
| Working Through the Clutter: Understanding, Assessing, and Treating Hoarding Disorder Maryland CEU Institute – College Park, MD | March 11, 2016 |
| Hoarding Disorder: Clinical Issues and Effective Interventions Anne Arundel County Mental Health Agency – Edgewater, MD | January 29, 2016 |
| Increasing the Hoarding Client’s Readiness for Change Institute for Challenging Disorganization – Teleclass | November 19, 2015 |
| Treatment Planning for Hoarding Anxiety and Depression Association of America – Webinar | November 18, 2015 |
| Hoarding Disorder: Conceptualization and Clinical Interventions Baltimore Psychological Association – Owings Mills, MD | November 15, 2015 |
| Clutter? What Clutter? Mid-Atlantic Regional Conference for Professional Organizers – Bethesda, MD | October 24, 2015 |

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| So Hard to Discard! 50+ Expo – Columbia, MD | October 16, 2015 |
| Working Through the Clutter Gaithersburg Hoarding Task Force – Gaithersburg, MD | October 15, 2015 |
| Breaking Free from OCD: Evening of Break-Out Sessions Towards Freedom IOCDF Mid-Atlantic Affiliate – Columbia, MD | October 13, 2015 |
| Coaching the Coaches: Preparing Non-Mental Health Professionals to Work with Hoarding Situations International OCD Foundation Annual Conference – Boston, MA | August 1, 2015 |
| Mind Washing: Understanding Mental Rituals in OCD International OCD Foundation Annual Conference – Boston, MA | July 31, 2015 |
| Hoarding Disorder: Clinical Issues and Effective Interventions Calvert County Department of Social Services – Prince Frederick, MD | July 10, 2015 |
| Hoarding Disorder: How can you tell and how can you help? Coalitions of Geriatric Services – Columbia, MD | June 24, 2015 |
| Clutter Blindness Institute for Challenging Disorganization – Teleclass | June 2, 2015 |
| Hoarding Disorder: A Foundation in Identification and Treatment Salisbury University – Salisbury, MD | May 29, 2015 |
| What is Hoarding? American Association of Daily Money Managers MD-DC Group – Bethesda, MD | May 14, 2015 |
| The Impact of Procrastination on Academics and Anxiety Montgomery College – Takoma Park, MD | April 16, 2015 |
| Postpartum Parenting: Managing Depression, Anxiety, and Intrusive Thoughts as a (New) Parent Anxiety and Depression Association of American Annual Conference – Miami, FL | April 11, 2015 |
| Barriers Beyond the Clutter: Co-Morbid Issues Complicating Hoarding Disorder Interventions Anxiety and Depression Association of American Annual Conference – Miami, FL | April 10, 2015 |
| Organizing Through the Hoarding: Guidance for Professional Organizers Columbia, MD | March 28, 2015 January 31, 2015 |
| Hoarding: A Community Response in Howard County Howard County Mental Health Authority – Marriottsville, MD | November 3, 2014 |
| When Your Client Feels Like Your Patient: Managing Mental Health Issues While Organizing National Association of Professional Organizers, Mid-Atlantic Conference – Bethesda, MD | October 25, 2014 |
| An Evening with the Experts (Panel Member) International OCD Foundation Mid-Atlantic Affiliate – Annandale, VA | October 13, 2014 |
| Hoarding Disorder: Clinical Issues and Collaborative Efforts Cornerstone Montgomery – Silver Spring, MD Gaithersburg Hoarding Task Force – Gaithersburg, MD | October 7, 2014 June 3, 2014 |
| Adapting Treatment for Specific Hoarding Symptoms and Populations (Panel Member) International OCD Foundation Annual Conference – Los Angeles, CA | July 19, 2014 |
| Hoarding Disorder and Comorbid Diagnoses Institute for Challenging Disorganization – Webinar | July 16, 2014 |
| Decisions, Indecision, and Clutter in Hoarding Situations National Association of Professional Organizers Annual Conference – Phoenix | May 29, 2014 Scottsdale, AZ |
| Hoarding Disorder: How Can You Tell and How Can You Help? Mental Health Association of Montgomery County – Rockville, MD | April 29, 2014 |
| Working with Hoarders: Guidance for Professional Organizers Gaithersburg Hoarding Task Force – Silver Spring, MD | April 12, 2014 |
| Decisions, Indecision, and Clutter Anxiety and Depression Association of America Annual Conference – Chicago, IL | March 29, 2014 |
| Hoarding Task Forces: Finding Hope for Those Lost in Clutter Anxiety and Depression Association of America Annual Conference – Chicago, IL | March 28, 2014 |
| Hoarding 101 Montgomery County Government – Germantown, MD | November 19, 2013 |

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| The Impact of Hoarding (Panel Member) 5 th Annual DC Housing Expo – Washington, DC | June 1, 2013 |
| When Collecting Becomes Too Much: How Can You Tell If It Is Hoarding Sibley Memorial Hospital – Washington, DC | March 7, 2013 |
| Working Through the Clutter: A Hands-On Hoarding Workshop Anxiety Disorders Association of America – Arlington, VA | April 13, 2012 |
| Stand Up and Be Counted: Support A Hoarding Task Force National Association of Professional Organizers – Baltimore, MD | March 22, 2012 |
| Hoarding: A Workshop for Families Living in Clutter Jewish Social Services Agency – Rockville, MD | February 22, 2012 September 27, 2011 March 1, 2011 |
| Compulsive Hoarding: A Foundation in Understanding Frederick County Government – Frederick, MD | February 13, 2012 |
| Compulsive Hoarding: Entering the Environment and Encountering the Individual Code Enforcement and Zoning Officials Association – Takoma Park, MD | February 10, 2012 |
| Collaboration in Decluttering: The Organizer and the Therapist National Association of Professional Organizers, Mid-Atlantic Conference – Bethesda, MD | October 15, 2011 |
| Hoarding: The Clinical and Community Impact Oak Crest Village – Parkvale, MD | September 26, 2011 |
| Compulsive Hoarding: Diagnosis and Cognitive-Behavioral Treatment Washington Psychiatric Society – Bethesda, MD | September 24, 2011 |
| Strategies for Caring for a Compulsive Hoarder Prince George’s County Department of Family Services, Family Caregivers Conference | September 22, 2011 |
| Compulsive Hoarding: Entering the Home and Encountering the Individual Medical Assistance Personal Care Services Program Annual Educational Conference – Columbia, MD | June 1, 2011 |
| Clutter: When Does It Cross the Line? Cedar Lane Unitarian Universalist Church – Bethesda, MD | April 14, 2011 |
| Clutter: How Do We Break the Cycle? Margaret Schweinhaut Senior Center – Silver Spring, MD | March 31, 2011 |
| Lost In Translation: Helping Parents Communicate with Schools About Their Children’s Anxiety Anxiety Disorder Association of America – New Orleans, LA | March 27, 2011 |
| Compulsive Hoarding: Engaging the Individual, Not the Clutter Anxiety Disorder Association of America – New Orleans, LA | March 26, 2011 |
| Compulsive Hoarding: Clinical Approaches for the Individual and the Clutter Montgomery County Government – Rockville, MD | March 7-April 4, 2011 |
| Compulsive Hoarding: A Cognitive Behavioral Approach to Working Through the Clutter Baltimore County Hoarding Taskforce – Towson, MD | January, 24, 2011 |
| Working with Hoarders Apart from Their Clutter St. Luke’s Institute – Silver Spring, MD | January 13, 2011 |
| Beyond Eating: Examining Obesity from a Cognitive Behavioral Perspective Behavior Therapy Center of Greater Washington – Silver Spring, MD | December 3, 2010 |
| Obsessive Compulsive Disorder: A Cognitive Behavioral Approach to Conceptualization and Treatment Montgomery County Commission for Women – Rockville, MD | November 19, 2010 |
| Recognizing Compulsive Hoarding Montgomery County Government – Rockville, MD | November 8, 2010 |
| Compulsive Hoarding: A Cognitive Behavioral Approach to Working Through the Clutter Baltimore County Hoarding Taskforce – Towson, MD | October 24, 2010 |
| Compulsive Hoarding: Understanding the Person, Working Through the Clutter Adlife Healthcare – Boston, MA | October 8, 2010 |
| Compulsive Hoarding: Acquiring an Effective Treatment Team International Obsessive Compulsive Disorder Foundation – Washington, DC | July 18, 2010 |
| Compulsive Hoarding: The Hoarder Within the Family Child Protective Services, Montgomery County – Rockville, MD | July 14, 2010 |
| Compulsive Hoarding: Understanding the Person Beneath the Clutter Montgomery County Commission for Women – Rockville, MD | June 11, 2010 |

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| Compulsive Hoarding: Looking Beneath the Clutter Child Center and Adult Services – Rockville, MD | April 9, 2010 |
| The Impact of Procrastination and Tardiness on the Therapeutic Process Anxiety Disorder Association of America – Baltimore, MD | March 7, 2010 |
| Clinical Practice with Older Adults who Hoard Anxiety Disorder Association of America – Baltimore, MD | March 5, 2010 |
| Hoarding: A Workshop for Families and Friends Gaithersburg Hoarding Task Force – Gaithersburg, MD | February 26, 2010 |
| | January 25, 2010 |
| Chronic Lateness Syndrome? Behavior Therapy Center of Greater Washington – Silver Spring, MD | January 9, 2009 |
| Identifying Compulsive Hoarding and Treatment Interventions Landow House – Rockville, MD | October 5, 2009 |
| Recognizing and Treating Compulsive Hoarding City of Gaithersburg – Gaithersburg, MD | April 24, 2009 |
| | January 29, 2009 |
| Is it Clutter or Hoarding? United States Census Bureau – Suitland, MD | September 23, 2008 |
| Cognitive Behavioral Treatment of Compulsive Hoarding Department of Human Services, Adult Protective Services – Washington DC | May 28, 2008 |
| Cognitive Behavior Therapy for the Anxious Child Behavior Therapy Center of Greater Washington – Silver Spring, MD | October 6, 2007 |

Media Appearances

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| Hoarding Expert Shares the Tell-Tale Signs My Fix It Up Life | February 20, 2014 |
| Hoarders Need Help Cutting Compulsive Clutter Voice of America | March 15, 2012 |
| OCD Informational Segments Anxiety Disorders Association of America | August 4, 2011 |
| The Diane Rehm Show – “Hoarding” Diane Rehm, National Public Radio | July 13, 2011 |
| The Difference Between Hoarding Disorder and OCD Lark McCarthy, Inside E Street Webcast - AARP | March 28, 2011 |
| Interview following Montgomery County Council Meeting on Hoarding WAMU 88.5 FM | March 11, 2011 |
| The Hoarder Among Us S. Boodman, AARP Bulletin | February 4, 2011 |
| New Task Forces Aim to Help Hoarders N. Carrick, Gaithersburg Gazette | April 21, 2010 |

Publications

Elspeth Bell, Pazit Aviv, and Alisa Levy. “The Gaithersburg Hoarding Task Force: A Model of Collaboration.” In The ICD Guide to Collaborating with Professional Organizers for Related Professionals. Edited by Phyllis Flood Knerr, St. Louis: Institute for Challenging Disorganization, February 2014.

Other Professional Experiences

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| Reviewer, Abstracts for Annual Conference Anxiety Disorders Association of America | 2011 – Present |
| Member, Ph.D. Dissertation Committee, Kristin Bianchi (Clinical Psychology) American University – Washington, DC | August 9, 2011 |
| Member, Ph.D. Dissertation Committee, Irene Miranda (Education) George Washington University – Washington, DC | May 28, 2011 |

Research

Doctoral Dissertation Project February 2002 – February 2006
Title: Obsessive Compulsive Disorder in children and its relation to sub-clinical anxiety symptoms in immediate family members

Master's Thesis Research September 1998 – May 2000
Title: Disordered Eating Behaviors, Perceived Support, and Well-Being

Professional Credentials

Licensed Psychologist, State of Maryland (2008 – Present) #04558
Licensed Clinical Psychologist, Commonwealth of Virginia (2011 – Present) #810004379
Licensed Psychologist, District of Columbia (2011 – Present) #PSY1000699
Health Service Provider, National Register of Health Service Psychologists #52858
Authority to Practice Interjurisdictional Telepsychology (APIT),
Psychology Interjurisdictional Compact (PSYPACT) #11583

Professional Affiliations

American Psychological Association Member 2006 – Present
Student Affiliate 1998 – 2006

Maryland Psychological Association Member 2008 – Present
Anxiety Disorder Association of America Professional Member 2009 – Present

International Obsessive Compulsive Disorder Foundation
Professional Member 2009 – Present
Hoarding Special Interest Group 2014 – Present
Hoarding Task Force Special Interest Group
2014 – Present

OCD Mid-Atlantic (IOCDF Affiliate) Board Member 2014 – Present
President 2018 – Present
Vice-President 2016 – 2018

Trichotillomania Learning Center Professional Member 2007 – Present
Howard County Hoarding Coalition Consultant 2014 – Present
City of Gaithersburg Hoarding Task Force Consultant 2009 – Present
Montgomery County Hoarding Task Force Consultant 2009 – 2011

References Available Upon Request